

Body to body massage

The main aim of a massage is to fully relax both physically and mentally. One of the best ways to get both healing effect and pleasure is the **body to body massage**.

Healing Effect of Body to Body Massage

It focuses on relieving body tensions, the sensation of heavy legs, relaxing the mind and aspiring to maintain the state of relaxation produced for several days. A good massage would prove a big help to eliminate toxins accumulated in the body, because it would work to stimulate blood flow. The skin, nourished in depth, would seem visibly younger for thanks to the stimulation of blood circulation skin cells renew themselves faster. **Body to body massage** promotes lymph flow and increases metabolism as well. Do not forget that physical touch is crucial for well-being and the contact of massage has a calming and comforting effect on the mind. According to some studies, repeated massage gestures cause a decrease in the production of stress hormone called cortisol. At the same time they will literally boost the production of the endorphin, a hormone of happiness and well-being.

Entertaining Body to Body Massage in NYC

The **Body to Body massage** lasts about an hour and is performed with a naked body. In fact it's rather simple and somewhat reminds a therapeutic massage but it's the body of the girl that makes this massage unforgettable. She is smiling, sexy, sensual. She uses not only her fingers and hands but the whole body to reach and **massage** the pressure points effectively. Body to body is a whole-body massage, using a little of relaxing oil for rubbing the skin. The massage usually starts from the back and then continues through the legs, arms, face, feet and hands. The girl begins slowly enjoying every moment. Caresses are light and delicate and there comes a high erotic tension. Not to take you to an orgasm too quickly she is avoiding the erogenous zones at the beginning. But only at the beginning...The atmosphere is welcoming - you really feel like spending time with a friend of yours. Starting from the inside of the knees she goes gradually back towards the genitals area. Now comes the time for the long-awaited reward. The massage gives stressed people the possibility to reconcile and revitalize body, mind and soul in a natural way. A deep state of relaxation can be achieved. Don't miss a chance to experience the very relaxing effect of [Body to body massage](#) on your own body.

